Strength Conditioning Program

Weight Lifting Program for middle and high school student athletes. For more information, contact Kenneth Daniel at 757-5447.

Tennis Program

Starting in September - November Every Thursday, 6:00pm - 8:00pm For ages 9 - 15.

No Cost for program.

(Tournament fees/league fees not included). This program is for youth who have previous tennis experience. Participants skill levels must be either intermediate or advanced. Participants must know the fundamentals of the game such as scorekeeping, rules, and can serve the ball overhand.

Teen Time

Starting in September Every 1st and 3rd Friday of each month 5:00pm

This program provides teens with the opportunity to explore the positive options that are available to them. Activities include fun & education field trips, games, bowling, and more. Participants must be mature and responsible. See Fred Payne for further details.











It is the mission of North Chattanooga Recreation
Center to provide diverse recreation and leisure
opportunities for all ages in a fun and safe environment.
Our desire is to build relationships within the
community creating partnerships and programs to
accommodate the overall interests of everyone.
We Are Here For You!



PARKS RECREATION ARTS CULTURE



Fall/Winter 2004



PARKS RECREATION ARTS CULTURE

North Chattanooga Recreation Center



Be sure to visit this mural located inside the recreation center.

406 May Street Chattanooga, TN 37405 (423) 757-5447

www.chattanooga.gov/cpr

Facility Manager:

Evelyn Snorton snorton_e@mail.chattanooga.gov

Recreation Specialist:

Fred Payne

Recreation Specialist:

Kenneth Daniel

Custodian:

Karen Edwards

Hours of Operation:

Tuesdays - Fridays 12:30pm - 9:00pm

Saturdays 10:00am - 6:30pm



For all your city government needs

Programs

Reservations for Softball Field/
Team Practice and Neighborhood Play - Time slots and dates are scheduled weekly, based on availability.

P.A.C.E. Program -

(People with Arthritis Can Exercise) Starting Tuesday, September 28 Every Tuesday @ Mary Walker Tower, 10:00am

Starting Thursday, September 30 Every Thursday @ Boynton Terrace, 10:00am. Instructor: Evelyn Snorton No Cost

Adult Pick-Up Basketball

Wednesdays, 6:00pm - 9:00pm Saturdays, 1:00pm - 4:00pm (Men's Pickup Basketball Games/Running Court)

Adult Co-Ed Volleyball League

Starting October 5
Classes every Tuesday
Cost: \$30 (8-players per team)
Taking only six teams. For information, please contact Kenneth Daniel and Fred Payne at 757-5447. *Deadline: Tuesday, September 21*.

"Making the Grade" After School Program

Starting Tuesday, August 31
Every Tuesday & Thursday, 4:00pm - 6:00pm
Teacher from Hamilton County Schools will help
students with their homework in various subjects.



Senior Program

Starting August 3 at Mary Walker Towers
Starting August 13 at Boynton Terrace
Activities include workshops, fun field trips, and
more!

Contact: Evelyn Snorton, 757-5447

OutVenture

Beginning in September Activities include Mountain Biking, Canoeing, and Wall Climbing. See Recreation Center Staff for details.

Fright Night

October 15, 22, 29
6:00pm - 8:30pm
Scary movies will be shown at the center. Popcorn provided or you can bring your own movie snacks..

Northside Community Association Meetings

September 9; November 11 6:30pm

Hill City Association Meetings

September 6; October 4; November 1 6:30pm

We also offer a variety of athletics for youth and teens. If you are interested in individual competitions, or league play, please contact the staff for more information. Activities include: Flag football, tennis, golf, basketball, pool, volleyball, track & field, and more.

North Chattanooga Recreation Center is inviting all Churches in the North Chattanooga area to come and join us on "Family Fun Night". We are also open to any suggestions that you may have to make this event a fun and safe environment for you and your family. For more information contact staff at 757-5447. We need to know which day would be best for you and your family. Starting in September.